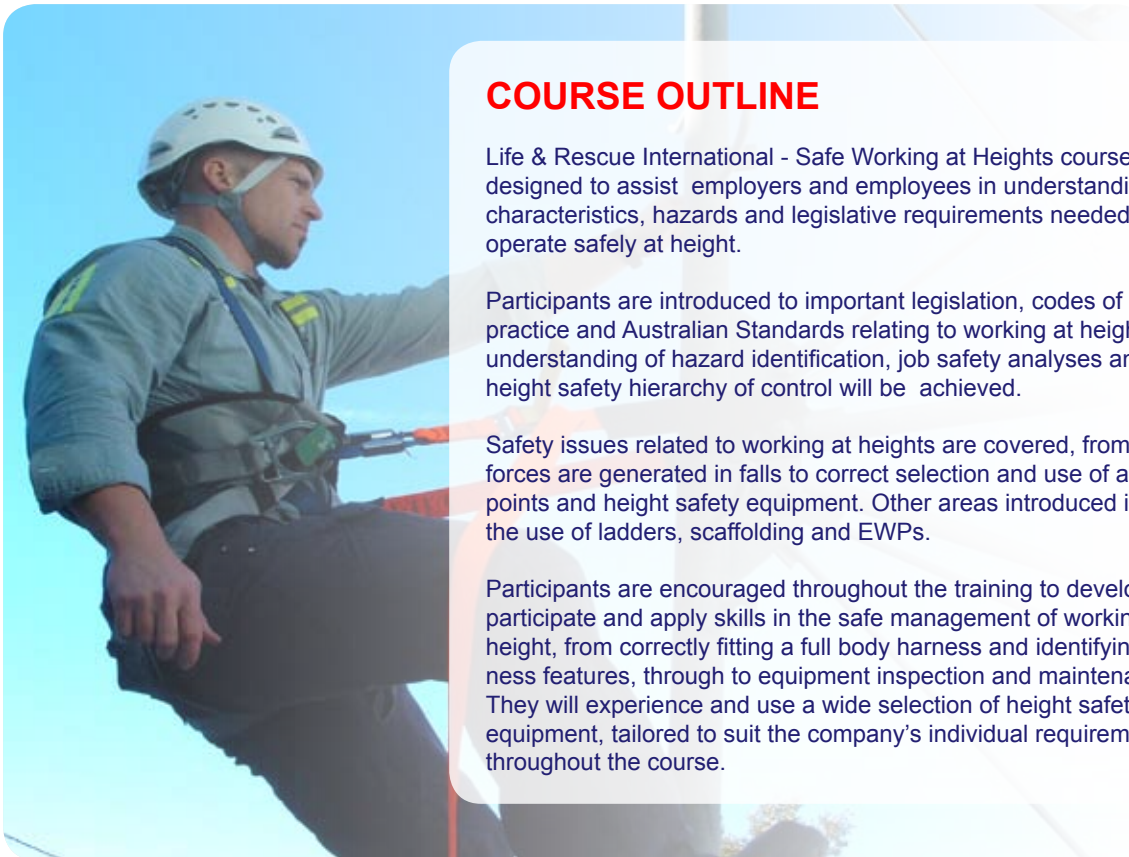


# Safe Working at Heights



## COURSE OUTLINE

Life & Rescue International - Safe Working at Heights courses are designed to assist employers and employees in understanding the characteristics, hazards and legislative requirements needed to operate safely at height.

Participants are introduced to important legislation, codes of practice and Australian Standards relating to working at height. An understanding of hazard identification, job safety analyses and the height safety hierarchy of control will be achieved.

Safety issues related to working at heights are covered, from how forces are generated in falls to correct selection and use of anchor points and height safety equipment. Other areas introduced include the use of ladders, scaffolding and EWPs.

Participants are encouraged throughout the training to develop, participate and apply skills in the safe management of working at height, from correctly fitting a full body harness and identifying harness features, through to equipment inspection and maintenance. They will experience and use a wide selection of height safety equipment, tailored to suit the company's individual requirements throughout the course.

## COURSE DETAILS

Participant Numbers: 10  
Course Duration: 8 hours  
Location: On your site or at a suitable training facility  
Instructor Ratio: 10:1



## VOCATIONAL OUTCOME

Upon satisfactory completion of this course participants will be issued with a statement of attainment in the competencies listed below.

## COMPETENCIES

MNMG237A Work Safely at Heights  
BCPRF2001A Work Safely on Roofs



Free Call **1300 302 111** to book your course

[training@lri.com.au](mailto:training@lri.com.au)  
[www.lri.com.au](http://www.lri.com.au)